### SCRUTINY REMIT: PORTFOLIO CAMHS TRANSFORMATION PLAN TOPIC GROUP

DATE DUE AT OSC / HSC: OSC (15 Nov) and HSC (12 Dec)

**COMMITTEE APPROVED: HSC: 12 Dec 2017** 

**WORK PROGRAMME: Q4 2017/8** 

#### **OBJECTIVES:**

- 1. To assess the progress against the Hertfordshire Child & Adolescent Mental Health Service (CAMHS) Transformation plan; and to evaluate the local system's capacity and ability to deliver positive changes in terms of children and young people's mental health
- 2. To consider whether the Children and Young People's Emotional & Mental Wellbeing Board is sufficiently well sighted on the emerging challenges to address them over the 5 year lifetime of the plan.

#### **BACKGROUND:**

A local review of CAMHS was presented to Hertfordshire Health and Wellbeing Board in 2015. This was closely followed by the national government report into CAMHS (Future in Mind) and the announcement of £1.25billion in additional funding for CAMHS over the following five years. The expectation is that this funding would be used to transform CAMHS services across the country.

Hertfordshire's Transformation Plan aims to increase access for children and young people to early intervention and prevention provision across the five years of the programme to 2020. Across the five years of the CAMHS (Child and Adolescent Mental Health Services) Transformation we aim to implement sustainable system wide change. We will shift incrementally towards embedding a countywide, but locally responsive, early intervention (early help) and prevention model. The model will respond in a timely manner to the needs of children, young people and their families. It also focuses on delivering a seven per cent year on year increase of children and young people with a diagnosable mental health condition receiving treatment.

Another priority is to improve support for children and young people who experience a mental health crisis. At times children and young people in a crisis receive treatment in inappropriate locations, such as inpatient beds a long way from Hertfordshire, or stay in hospital A&E departments longer than is necessary.

#### QUESTIONS TO BE ADDRESSED:

- 1. How effectively are partners working together to improve outcomes for children and young people experiencing a mental health crisis:
  - a. How do you prevent mental health crises in the community where children are at high risk of admission?
  - b. How do you ensure that good quality services are provided for children and young people in acute hospitals (i.e. Lister and Watford General)?
  - c. How do we ensure that there are good outcomes from admissions to CAMHS inpatient services?

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2. How can the CAMHS partners intervene effectively and appropriately to support children and young people at the early stages of a mental health issue?

#### OUTCOME:

There is clarity about the local system's capacity and ability to deliver positive changes in terms of children and young people's mental health.

**CONSTRAINTS:** the topics that will not be addressed as part of this scrutiny

The scrutiny will not consider the causes of the perceived increase in mental health issues in Children and Young People over time

**RISK & MITIGATION AFFECTING THIS SCRUTINY:** i.e. how confident are members that the department/organisation has identified risks, impact to services, the budget proposals and has mitigation in place.

#### RISK/S:

The academisation of schools has meant less ability to centrally direct school work on emerging mental health issues.

**MITIGATION:** e.g. what mitigation does the department/organisation have in place if a partner pulls out?

EVIDENCE	
Jess Lievesley, HPFT Executive	Carers in Herts for parent views on CAMHS
Director Service Delivery & Service	
User Experience	
Jenny Coles / Marion Ingram,	
Children's Services	
Simon Pattison / Sarvjeet Dosanjh,	
CAMHS Commissioners (Integrated	
Health and Care Commissioning	
Team)	
David Wright, NHS England	
commissioner of inpatient beds	
Liz Biggs Strategic Lead for CAMHS	
Transformation (HVCCG)	
Maria Nastri CAMHS Transformation	
Manager	
Jim McManus / Jen Beer, Public	
Health	
Liz Lees, Director of Nursing, East and	
North Herts Hospital Trust	
Kate Barker Strategic Lead for CAMHS	
(ENHCCG) Transformation	

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SITE VISIT: Lister Emergency Department DATE: tbc

**MEMBERSHIP:** X7 Judi Billing (chairman); Anthony Rowlands; Nick Hollinghurst; Dave Hewitt; Dee Hart, Bob Deering, Maureen McKay

### **SUPPORT:**

Scrutiny Officer: Charles Lambert

**Lead Officer/s:** Simon Pattison & Marion Ingram **Democratic Services Officer:** Stephanie Tarrant

# HCC Priorities for Action: how this item helps deliver the Priorities delete as appropriate

- Opportunity To Thrive ✓
- 2. Opportunity To Prosper ✓
- 3. Opportunity To Be Healthy And Safe ✓
- **4.** Opportunity To Take Part ✓

### CfPS ACCOUNTABILITY OBJECTIVES: delete as appropriate

- 1. Transparent opening up data, information and governance ✓
- 2. Inclusive listening, understanding and changing ✓
- Accountable demonstrating credibility